

A Day Out Around Swaledale

Explore Swaledale by Foot with our Walking Route, **starting in Reeth**



1. Reeth - The Green Parking

Location; **DL11 6SN** **Parking Point** 11 Miles from Aysgarth

Reeth is a village in the civil parish of Reeth, Fremington and Healaugh. Historically part of the North Riding of Yorkshire, it is the principal settlement of upper Swaledale. Parking in Reeth is free of charge – with an optional donation box provided nearby to the cobbles. It is an ideal place to leave your car for the day while you venture into the surrounding area.

2. Reeth Swing Bridge

Duration; **1 Hours** **1 Mile** from The Green

Starting on the village green, take the flagged alleyway between the Black Bull and Kings Arms public houses. After 40m the alleyway turns into a tarmacked lane leading to Langthorne Drive. Turn left onto Langthorne Drive and then right at the end following the back lane past the Doctor's Surgery to the very end. From here, the original footpath is closed due to flash flooding destroying a small bridge overlooking the River Swale on-route to the Swing Bridge. When you reach the end of the lane, go through the gate to access the following 3 fields/gates. Once you have gone through the third gate, turn left and follow the path down the hill and through the gate. From here you will see a gate on the left with a signpost for the Swing Bridge. Go through this and follow the path along the side of the river until you come to the Swing Bridge on your right-hand side. Cross to the other side over the bridge. From this side, you can sit next to the River Swale on the grass and your dog can go swimming in the river should they wish to do so.



[f @LRAysgarth](#) [@aysgarth_leisure_resorts](#)

Explore 
..the Yorkshire Dales
with Aysgarth Lodges

A Day Out Around Swaledale



3. The Stepping Stones

Duration; **30 mins** 25 min walk from The Swing Bridge

When you are finished at the Swing Bridge, from where you cross the River Swale via Swing Bridge through the gate, turn right and head down the path (walking with the river on your right-hand side). Continue walking straight ahead, alongside the river, going through various stiles/gates until you can see the Stepping Stones on your right-hand side. **Please note if there has been recent significant rainfall, these may not be visible/accessible due to the river level rising above the stones.** From here, you can paddle in the shallow water if you like or allow your dog to go swimming in the water. Cross to the other side of the River Swale by walking across the steady, level stones which are set in place by large metal bolts (If the stones are wet, please take care as they may be slippery). Once across, turn right and follow the other side of the river back to the Swing Bridge.



4. Dales Bike Centre

Duration; **30 mins** 45 min walk from The Stepping Stones

From the Swing Bridge, cross over once again but this time turn left when you reach the other side of the river. Follow the path until you come to a red gate leading onto the back road. Turn left and follow the road until you come to the Church in Grinton, on your left-hand side. Go through the large wooden gate, where a footpath will take you through the Church's grounds. Exit through the gate facing The Bridge Inn and turn left onto the path. Follow the path alongside the road and go over the bridge (take care with oncoming vehicles, there are pockets to the side of the path on the bridge which overlook the river you can tuck into to avoid larger vehicles) keep following the path until you come to The Dales Bike Centre on your left-hand side.

The Bike Centre offers short-term bicycle rental as well as a café, offering lunch and sweet treats. They are open 7 days a week 9 am-5 pm, a good place to stop for a bite to eat or a well-deserved hot! If this does not suit your fancy, there are various cafes/public houses in Reeth which offer a variety of different food/drinks.

A Day Out Around Swaledale



5. Reeth - The Green Parking

15 min walk from The Dales Bike Centre

From the Bike Centre, continue straight following the path. Cross the bridge and up the hill and you will find yourself back in the centre of Reeth. From here, you will find the Ice Cream Parlour, various public houses/cafes, and a couple of small shops. There is also The Reeth Museum, which exhibits various artefacts/information documenting the history of Reeth as a mining village. It is worth a visit if you have the time! However you wish to reward yourselves for completing your walk, Reeth has something to offer to everyone of all ages! On the green, you can also relax on the grass, play football, catch etc.

Finish:

Aysgarth Lodge Holidays

DL8 3SP

*Back to your lodge for a well-deserved
soak in your hot tub!*

Explore 
..the Yorkshire Dales
with Aysgarth Lodges

 @LRAysgarth  @aysgarth_leisure_resorts